

LIFE IS IN THE BLOOD

HELPING PEOPLE LIVE BETTER ONE DROP AT A TIME...



Top 3 client questions

Enjoy!

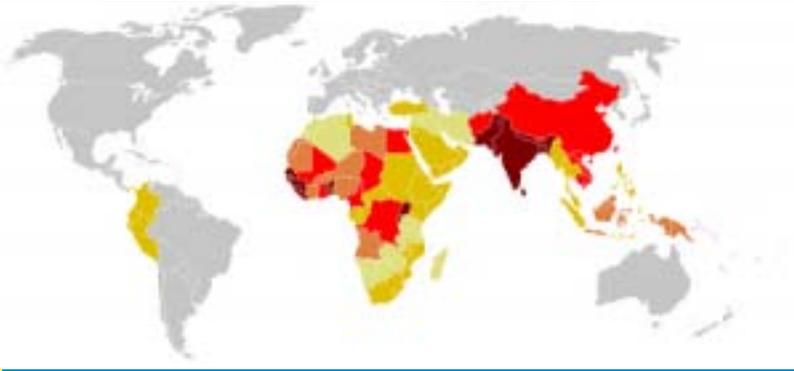
Question 1: What do you think of the Tetanus Shot?

A. This question comes up often and it is a valid one. Let's first look at what Tetanus is before delving into the vaccine:

“Tetanus is a condition where muscles contract uncontrollably due to a toxin produced by the dirt dwelling bacteria, *Clostridium tetani*. Infection occurs when the bacteria or its spores are driven into a deep cut or wound. Since oxygen kills these bacteria, they have to be inserted into a low oxygen environment as found in a deep wound. Thus, it became classically known that “stepping on a rusty nail” could cause Tetanus. Why? Because the rusting process uses up all of the oxygen and allows for the bacteria to grow under the oxygen-free rusted material. When you step on the rusty nail the rust flakes off and the bacteria are inserted into a deep wound.” (Zimmernutrition.com)

Now that we understand what Tetanus is, let's look at some of the data on Tetanus.

This chart is from the CDC (Centers for Disease Control and Prevention) and shows the prevalence of Tetanus in the world today.



The spores from this bacteria can be found anywhere in the world. HOWEVER, the active bacteria are mostly found in warm, moist soils that are usually contaminated by animal feces. Infection requires the person

to be exposed to a good dose of spores or bacteria. Poor hygiene practices increase the chances of getting the disease, because if you do not bathe you can accumulate spores on your skin. Thus, most cases in the world occur in Africa through Asia. The higher infection rates are reflected by the darker colors in the chart above.

In the U.S., a large percentage of cases occur in drug users and diabetics with chronic wounds who work around warm moist dirt. If you fall in this category, I would probably get the Tetanus vaccine. However, if you don't fall in this category, I would probably not do it. According to the CDC, 24.1% of people who got the Tetanus vaccine STILL contracted Tetanus within 10 years of the shot. This shows that it's not 100% reliable. "More concerning than the ineffectiveness of the shot is that in the last 10 years over 500 people have gone to the Emergency Room after having reactions to the shot. Close to 1,500 people reported reactions to the CDC, 38 people were permanently disabled and 2 people actually died. You need to know that these are the results only for the tetanus shot given alone. Most of the tetanus shots given in the U.S. are in combination vaccines. Thus, the number of people injured by this shot is much higher than these numbers represent.

The CDC reports that only 13.2% of reported cases of Tetanus were fatal in the U.S. with a total of around 300 cases of tetanus reported in the last 10 years. Over the last 10 years, about 40 people have died because of tetanus with many of them being high risk drug addicts and chronically ill diabetics. That means the vaccine has killed or permanently disabled the same number of people as the disease itself. But, only 300 people suffered from the actual disease while, at a minimum, 1,500 people suffered reactions to the shot." (Zimmernutrition.com) It seems as though the vaccine has caused more damage than Tetanus itself.

Some of the ingredients in the Tetanus shot are also very disturbing: Formaldehyde, Thimerosal (Mercury), Aluminum Phosphate, Sodium Phosphate Dibasic, Sodium Phosphate Monobasic, Sodium Chloride....

Not very encouraging to see these things being injected into our bodies. Now, if you still have concern about contracting Tetanus and you happen to “step on a rusty nail” you can still get the shot after the fact, so that's good news. But if you are constantly working around a lot of rusty metal or in warm soil often, then I would probably get the shot. That's our opinion on the matter.

Question 2: What are good supplements for children?

A. This question is a bit broad, but I will specify it a bit more. I will let you know what our children get on a daily basis to keep their immune system boosted. This is especially good for those that do not vaccinate their children (like us), but it's also great for those that are vaccinated.

1. Colostrum- Colostrum is amazing for keeping children's (and adults for that matter) immune system boosted! It has great properties for internal healing as well. We suggest 100-200 mg for children ages 1-4. For children 5 and up, you can do 500mg-1,000mg once a day (or spread it out to twice a day). If you're interested in learning about more of the benefits of Colostrum (believe me, there is a lot!!), you can email us for more information or go to the Cantron website (it's the Colostrum Brand we recommend) and read what they say about it. Great stuff! Check below for links for this on our Products page.

2. Probiotics- These guys are really important in digestive health for everyone, especially kids. We have many kids probiotics on our Amazon store. You can check them out and follow the bottle directions :-). For more information on Probiotics, check out the info booklets page on our site!

These 2 supplements are ALWAYS in our home and our children get them practically every day to help their immune systems to stay strong.

The 3rd question is more for this time of the year!

Question 3: What can we do to keep the flu away this season?

A. There are 2 supplements we always have at home that we use for bacterial and viral issues. For bacterial issues (sore throat, Strep, etc.) we suggest Sovereign Silver. Following the bottle directions for maintenance (if your trying to not get sick) or intensive use (if your already sick or getting sick) is good!

For viral issues like the flu, we suggest O'leave. 1 capsule 2 times a day to help keep it away. 1 capsule 4-6 times a day if you already have the flu.

You can also do a flu brew that works wonders!

Here is the recipe and instructions on how to take it:

6 Lemons

1 Garlic Bulb

1/4 tsp of Cheyenne Pepper

2 tsp of Ginger Powder

2 Tbsp of Honey

3 cups of Pineapple Juice or Water.

Blend all of these together and store in a jar. Drink 1 cup of this 3 times a day like "hot tea." This tea is great for congestion and sinuses!

We hope that this newsletter has helped guide you on some topics. If you have any questions regarding what we wrote about or you are curious about more information, you can email us directly and we will get any information to you as soon as possible. Below are the links for the supplements we suggested.

Colostrum-

www.lifeisintheblood.com/products

O'leave, Probiotics (PB8 or children's)-

astore.amazon.com/lifeisintheblood-20

DISCLAIMER:

Nothing in this newsletter should be construed as medical advice and, as always, you should consult with a physician concerning your health. If you are buying into the "let's treat every symptom now" routine, you are probably going to be disappointed. I have seen people leave a "natural care" practitioner's office with hundreds of dollars of supplements only to have nothing happen except a somewhat lighter bank account. As always, buyer beware and remember that natural healing is a process that can take some time. There are many factors that lead up to a chronic condition and, without seeing a client, it is often difficult to make hard and fast rules and solutions. So please understand that we will try to give you the answer with the available information you supply. Please address your queries to lifeisinthebloodus@gmail.com or visit our continually updated website at lifeisintheblood.com

*Thank you,
Philip and Dama*